The Basic Core

Ilonggo

Hiligaynon

Hiligaynon, August 2018

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name

classroom

basic core start date

basic core finish date

What is the Basic Core?

The Basic Core contains essential elements of the language you will need to master in order to fulfill your purpose in your mission language. It will help you establish a foundation, focus your study, and evaluate your progress. The Basic Core includes vocabulary, phrases, and scriptures that will help you master the six teaching tasks. Set goals and work diligently to quickly master the these tasks.

What are the 6 Tasks?

Meet Someone
Offer a Prayer
Testify
Extend an Invitation
Share a Scripture
Give a Simple Overview

Which Scriptures and Passages?

Your Missionary Purpose

Moroni 10:3-5

Baptismal Invitation

Joseph Smith's First Vision

How Long Do I Have?

You will have ten days to master the six tasks, additional vocabulary, and the four scriptures and passages.

How Do I Track My Progress?

Your teacher or companion will check the box to the left of the task or vocabulary when you can correctly answer the question "what is _____ in Hiligaynon?"

The 5 Principles of Memorization

1. **Know the Meaning:** Always find out the meaning of what you are learning and write it down if necessary. When you are learning words, don't ignore how prefixes and suffixes affect meaning. Additionally, you should practice repeating the meaning of each word out loud.

2. **Focus on the Form:** All language is made up of two things: the meaning and the words which carry that meaning. Form includes how it sounds, how it's pronounced, and how it's written. Form also includes noticing patterns in grammar and word order in phrases. Find out how to say each word and practice until you can pronounce it correctly.

3. **Practice Aloud:** We learn and remember language better when we practice it physically, building muscle memory. Practice your words, phrases, or grammar out loud, repeatedly. Say it again and again until it becomes automatic and you can do it without looking.

4. **Apply it:** Applying it well means using what you are learning in real situations. If it's part of a lesson, practice teaching it to your companion. Finally, think about the meaning of what you say and express it with feeling.

5. **Plan Spaced Reviews:** Step 5 moves language to your long-term memory where it will remain for good. Early reviews should be done aloud and may require you to use notes or materials to look up certain parts. They are completed when you can fluently produce the vocabulary or grammar without looking at notes. Later reviews can be less frequent and can be done without notes while doing other physical tasks like walking or standing.

Scriptures and Passages

- ☐ Your Missionary Purpose

  Preach My Gospel, 1

- ☐ The Baptismal Invitation

  Preach My Gospel, 40

- ☐ Joseph Smith's First Vision

  Preach My Gospel, 37

- ☐ Moroni 10:3-5

Alphabet and Pronunciation

Hiligaynon Alphabet

	Letter	English Sound
☐	a	father
☐	b	bag
☐	k	cook
☐	d	dad
☐	e	end
☐	g	golf
☐	h	heaven
☐	i	eat
☐	l	let
☐	m	money
☐	n	no
☐	ng	sung
☐	o	obey
☐	p	pop
☐	r	body (softly rolled "r")
☐	s	soul
☐	t	tough
☐	u	too
☐	w	wow
☐	y	yes

Additional Hiligaynon Sounds

☐	ay	eye
☐	aw	ouch
☐	ey	hey
☐	oy	boy
☐	uy	gooey
☐	dy, diy	binge
☐	sy, siy	ship
☐	ts	chip
☐	ty, tiy	chip
☐	ll	liahona
☐	mga	monkey + sing-along
☐	ngg	mango
☐	–	(a short pause)

Meet Someone

Phrases

How are you doing?	Kamusta ka?
I am Elder ____.	Ako si Elder ____.
I am from _____.	Taga ____ ako.
I am Sister ____.	Ako si Sister ____.
My name is ____.	Ang ngalan ko si ____.
Pleased to meet you.	Malipay ako nga nakilala ta ka.
What is your name?	Ano ang ngalan mo?
Where are you from?	Taga diin ka?
Hello	(See Other Greetings)
Goodbye	Halong

Vocabulary Words

brother	utod nga lalaki
city	siyudad
companion	kaupod
country	pungsod
countryside	bukid
daughter	bata nga babaye
Elder	Elder
family	pamilya
father	amay
from (location)	taga
good	maayo
good afternoon	maayong hapon
good evening	maayong gab-i
good morning	maagyong aga
he	siya
her	niya
his	niya
how	kamusta
husband	bana
I	ako
it	ini / ina
its	sini / sina
Lord	Ginuo
married	kasado
missionary	misyonero

☐ my	ko
☐ mother	iloy
☐ name	ngalan
☐ nice	buot
☐ of	sang
☐ pleasure	kalipayan
☐ representative	representante
☐ servant	suluguon
☐ she	siya
☐ Sister	Sister
☐ sister	utod nga babaye
☐ son	bata nga lalaki
☐ The Church of Jesus Christ of Latter-day Saints	Ang Simbahan ni Jesucristo sang mga Santos sa Ulihing mga Adlaw
☐ their	nila
☐ they	sila
☐ to come	palapit
☐ to get to know	pakilala
☐ to go	kadto
☐ to grow up	dako
☐ to have	may
☐ to know (familiarity)	kilala
☐ to know (knowledge)	hibalo
☐ to live (location)	estar
☐ to meet	kilala
☐ to please	lipay
☐ to represent	representar
☐ town	banwa
☐ we	kita
☐ where	diin
☐ which, what	ano
☐ wife	asawa
☐ you (formal)	ikaw
☐ you (informal)	ka
☐ you (plural)	kamo
☐ your	mo

Offer a Prayer

Phrases

Dear Heavenly Father,	Amay namon sa langit,
Please help us to learn ____.	Palihog buligan mo kami nga magtuon sang ____.
We thank thee for Thy love.	Nagapasalamat kami para sa pagpalangga Mo.
We ask Thee to bless us with Thy Spirit	Bugayan mo kami sang Espiritu Mo.
Please bless my companion.	Palihog bugayan mo ang kaupod ko.
God always listens to our prayers.	Permi nagapamati ang Diyos sa mga pagpangamuyo naton.
In the name of Jesus Christ, amen.	Sa ngalan ni Jesucristo, amen.

Vocabulary Words

always	permi
amen	amen
answer	sabat
blessing	bugay
charity	putli nga pagpalangga
comfort	kaumpawan
dear	pinalangga
for	para sa
gift of tongues	regalo sang mga hinambalan
grateful	nagapasalamat
gratitude	pagpasalamat
guidance	paggiya
Heavenly Father	Amay sa langit
help	bulig
house	balay
inspiration	inspirasyon
Jesus Christ	Jesucristo
opportunity	oportunidad
our	namon
patience	pasensya
prayer	pagpangamuyo

☐ prophet	propeta
☐ safety	kaluwasan
☐ strength	kusog
☐ thankful	nagapasalamat
☐ thanks	salamat
☐ the Holy Ghost	Ang Balaan nga Espiritu
☐ to address	tawag
☐ to ask (question)	pamangkot
☐ to ask (to request)	pangayo
☐ to bless	bugay
☐ to close	tapos
☐ to communicate	istoriya
☐ to confirm	kompirma
☐ to express	pahayag
☐ to feel	batyag
☐ to find out	hibalo
☐ to forgive	patawad
☐ to give	hatag
☐ to hear	bati
☐ to help	bulig
☐ to invite	imbitar
☐ to kneel	luhod
☐ to learn	tuon
☐ to listen	pamati
☐ to offer	halad
☐ to pray	pangamuyo
☐ to receive	baton
☐ to thank	pasalamat
☐ to want	gusto
☐ today	subong nga adlaw
☐ tomorrow	buas
☐ truth	kamatuoran
☐ when	san-o
☐ with	upod sa

Testify

Phrases

☐ God is our Heavenly Father.	Ang Diyos ang Amay naton sa langit.
☐ We are His children.	Mga bata Niya kita.
☐ Jesus Christ is the Son of God.	Si Jesucristo ang Anak sang Diyos.
☐ Through His Atonement, we can receive eternal life.	Paagi sa Pagbayad-sala, makabaton kita sang kabuhi nga wa'ay katapusan.
☐ We can return to God by keeping ourselves clean.	Makabalik kita sa Diyos kon matinlo kita.
☐ I know that ____.	Kabalo ako nga ____.
☐ I am thankful for the love of our Heavenly Father.	Nagapasalamat ako para sa pagpalangga sang Amay naton sa langit.

Vocabulary Words

☐ atonement	pagbayad-sala
☐ because	tungod
☐ blessed	ginbugayan
☐ children	mga bata
☐ church	simbahan
☐ clean	matinlo
☐ closer	mas lapit
☐ commandment	kasuguan
☐ effect	epekto
☐ feeling	balatyagon
☐ forgiveness	kapatawaran
☐ God	Diyos
☐ gospel	ebanghelyo
☐ heart	tagipusuon
☐ Holy Ghost	Balaan nga Espiritu
☐ hope	paglaum
☐ if	kon
☐ Joseph Smith	Joseph Smith
☐ joy	kalipay
☐ lives	buhi

☐ living	buhi
☐ love	pagpalangga
☐ loving	mapinalanggaon
☐ mind	paminsaron
☐ must	dapat
☐ peace	paghidaet
☐ priesthood	pristhud
☐ sacred	sagrado
☐ Savior	Manluluwas
☐ Spirit	Espiritu
☐ testimony	pagpamatuod
☐ that	ina
☐ The Book of Mormon	Ang Libro ni Mormon
☐ this	ini
☐ to answer	sabat
☐ to appear	pakita
☐ to be able to	sarang
☐ to believe	pati
☐ to change	bag-o
☐ to desire	handum
☐ to exist	ara
☐ to follow	sunod
☐ to keep	tuman
☐ to love	palangga
☐ to sacrifice	sakripisyo
☐ to testify	pamatuod
☐ to witness	saksi
☐ true	matuod

Extend an Invitation

Phrases

☐	Will you be baptized?	Magpabunyag ka bala?
☐	How can we help you to prepare for baptism?	Paano kami makabulig sa imo nga maghanda para sa pagpabunyag?
☐	In order to be baptized, you need to attend church regularly.	Antes ka magpabunyag, kinahanglan mo nga magsimba permi.
☐	I know that God will bless you for your faith to repent.	Kabalo ako nga bugayan ka sang Diyos tungod sa pagtuo mo nga maghinulsol.
☐	Will you pray to God about the truthfulness of the Book of Mormon?	Magpangamuyo ka bala sa Diyos parte sa kamatuoran sang Libro ni Mormon?

Vocabulary Words

☐	baptism	pagpabunyag
☐	commitment	pangako
☐	congratulations	congratulations
☐	covenant	kasugtanan
☐	daily	adlaw-adlaw
☐	difficult	budlay
☐	doubt	duhaduha
☐	evening	gab-i
☐	example	halimbawa
☐	happiness	kalipay
☐	message	mensahe
☐	problem	problema
☐	question	pamangkot
☐	Sabbath day	Adlaw sang Inugpahuway
☐	sad	subo
☐	suggestion	laygay
☐	the Word of Wisdom	ang Pulong sang Kaalam
☐	to attend	tambong
☐	to baptize	bunyag
☐	to begin	sugod
☐	to call	tawag
☐	to come by	hapit
☐	to commit	pangako

☐ to continue	padayon
☐ to discuss	istoriya
☐ to experience	eksperiyensya
☐ to extend	hatag
☐ to hope	laum
☐ to make sure	sigurado
☐ to obey	tuman
☐ to overcome	lampuwas
☐ to prepare	handa
☐ to promise	promesa
☐ to recommit	pangako liwat
☐ to repent	hinulsol
☐ to return	balik
☐ to start	sugod
☐ to stop	untat
☐ to strengthen	pabakod
☐ to trust	salig
☐ to try	tinguha

Share a Scripture

Phrases

☐	May we read a scripture in the Book of Mormon together?	Pwede bala kita magbasa sang balasahon sa Libro ni Mormon?
☐	Let's read a scripture about faith.	Magbasa kita sang balasahon parte sa pagtuo.
☐	Please, read these verses out loud.	Palihog, magbasa sini nga mga bersikulo sing tunog.
☐	It's on page ____.	Ara sa pahina ____.
☐	According to this verse, why is baptism important?	Suno sa sini nga bersikulo, ngaa importante ang pagpabunyag?
☐	How do you feel about _____ ?	Ano ang nabatyagan mo parte sa ____?
☐	Diligently studying the scriptures helps us to understand truth.	Ang matutom nga pagtuon sang balaan nga mga kasulatan magbulig sa aton nga maintyendihan ang kamatuoran.

Vocabulary Words

☐	about	parte sa
☐	aloud	sing tunog
☐	Bible	Biblia
☐	chapter	kapitulo
☐	Doctrine and Covenants	Doktrina kag mga Kasugtanan
☐	during	samtang
☐	experience	ekspiriyensya
☐	important	importante
☐	New Testament	Bag-o nga Katipan
☐	number	numero
☐	Old Testament	Daan nga Katipan
☐	on	sa
☐	page	pahina
☐	Pearl of Great Price	Perlas nga Labing Bilidhon
☐	people	mga tawo
☐	please	palihog
☐	principle	prinsipyo
☐	promise	promesa
☐	scripture	balasahon

☐ section	seksyon
☐ there is	may
☐ thought	ginapinsar
☐ to apply	aplikar
☐ to become	mangin
☐ to explain	eksplikar
☐ to find	kita
☐ to like	gusto
☐ to look for	pangita
☐ to mean	buot silingon
☐ to notice	talupangod
☐ to read	basa
☐ to share	paambit
☐ to show	pakita
☐ to study	tuon
☐ to teach	tudlo
☐ to think	pinsar
☐ verse	bersikulo
☐ while	samtang
☐ one	isa
☐ two	duha
☐ three	tatlo
☐ four	apat
☐ five	lima
☐ six	anum
☐ seven	pito
☐ eight	walo
☐ nine	siyam
☐ ten	pulo

Give a Simple Overview

Phrases

☐ Do you believe in God and Jesus Christ?	Nagapati ka bala sa Diyos kag kay Jesucristo?
☐ What has lead you to believe that?	Ngaa nagapati ka sina?
☐ Through Jesus Christ, we can overcome sin.	Paagi kay Jesucristo, malampuwasan naton ang sala.
☐ We are missionaries of The Church of Jesus Christ of Latter-day Saints.	Mga misyonero kami sang Simbahan ni Jesucristo sang mga Santos sa Ulihing mga Adlaw
☐ The Book of Mormon testifies of Jesus Christ.	Nagapamatuod ang Libro ni Mormon kay Jesucristo.
☐ Would you like to learn more about the Book of Mormon?	Gusto mo bala nga magtuon pa parte sa Libro ni Mormon?
☐ We have a message about Jesus Christ.	May mensahe kami parte kay Jesucristo.

Vocabulary Words

☐ faith	pagtuo
☐ first	una
☐ in	sa
☐ knowledge	ihibalo
☐ life	kabuhi
☐ more	pa
☐ no	wala
☐ obedience	pagkamasinulundon
☐ or	ukon
☐ plan	plano
☐ repentance	paghinulsol
☐ restored	ginpanumbalik
☐ salvation	kaluwasan
☐ thing	butang
☐ time	tiyempo
☐ to come back	balik
☐ to enjoy	kalipay
☐ to restore	panumbalik

☐ to take	kuha
☐ to talk	hambal
☐ well	sing maayo
☐ what	ano

Helpful Phrases

Phrases

☐ Did I understand you correctly?	Tsakto bala ang pag-intyendi ko?
☐ Did you understand?	Naintyendihan mo bala?
☐ Excuse me.	Skus ko.
☐ Good job!	Ayos!
☐ Help me, please.	Buligi ako, palihog.
☐ How do you say ____?	Paano ihambal ang ____?
☐ I don't understand.	Wala ako nakaintyendi.
☐ I have a question.	May pamangkot ako.
☐ I'm not sure that I understand you.	Indi ako sigurado nga naintyendihan ta ka.
☐ I'm sorry.	Pasensya.
☐ It's ____ o'clock.	Alas ____ na.
☐ It's okay.	Ok lang.
☐ May I speak in English?	Pwede ako mag-inggles?
☐ No problem.	Wa'ay problema.
☐ Please say it again.	Ihambal mo ina liwat, palihog.
☐ Repeat that please.	Liwat, palihog.
☐ Say it slower, please.	Hinay, palihog.
☐ Thank you.	Salamat.
☐ What does ____ mean?	Ano ang buot silingon sang ____?
☐ What is this called in Hiligaynon?	Ano ang ____ sa Hiligaynon?
☐ What is this called?	Ano ang tawag sini?
☐ What is your question?	Ano ang pamangkot mo?
☐ What time is it?	Anong oras na?
☐ Where are we going?	Diin kita magkadto?
☐ Would you repeat that please?	Pwede mo ina liwaton palihog?
☐ You're welcome.	Wa'ay kaso.

Vocabulary Words

☐ bathroom	CR
☐ book	libro
☐ cafeteria	karenderiya
☐ camera	kamera
☐ cell phone	sel pon
☐ chair	pulungkuan
☐ classroom	klasehan
☐ clock	orasan
☐ companionship study	kaupdanan nga pagtuon
☐ computer	kompyuter
☐ devotional	debosyonal
☐ dictionary	diksyonaryo
☐ district	distrito
☐ English	Inggles
☐ notebook	kwaderno
☐ paper	papel
☐ pen	bolpen
☐ pencil	lapis
☐ personal study	personal nga pagtuon
☐ slow	hinay
☐ teacher	maestro
☐ telephone	telepono
☐ there	dira
☐ to repeat	liwat
☐ to review	sulit
☐ to say	siling
☐ to understand	intyendi

Notes

Notes

THE CHURCH OF
JESUS CHRIST
OF LATTER-DAY SAINTS